

Behavioural Medicine Unit
Department of Mental Health and Social Psychology
National Institute of Mental Health and Neuro Sciences (NIMHANS),
Bangalore –560 029
Workshop on Cognitive Behaviour Therapy in Sexual Dysfunctions
25th & 26th Sep 2009

About the workshop

Sexuality is an important aspect of human life. It is the integral part of both physical and psychological health. The impact of sexual dysfunctions is devastating and not adequately explored. It is the most tabooed, under-researched and mal-practiced condition in India. Although it is one of the important health aspects, it did not gain importance because it is treated as a secret, private and stigmatizing issue. The work shop attempts to give basic understanding of the psychological aspects and therapeutic strategies to the professionals who deal with this condition.

The workshop covers the following areas: understanding various sexual dysfunctions, the common myths and misconceptions, psychiatric and medical evaluation, sexual history taking and assessment, formulation and treatment planning and application of cognitive behavioral strategies in the treatment of sexual dysfunctions in men and women. The resource persons will be the Psychologists, Psychiatrists, Urologists, Obstetrician and Gynecologists.

Participants: The practicing Psychologists, Psychiatrists, Sexologists, Urologists, Obstetric and Gynecologists can attend the workshop.

Registration: The registration is limited to 40 participants on first come first served basis. The registration fee is Rs. 1500/- . The confirmation of registration will be communicated after the receipt of the registration fee. The registration fee includes: lunch, coffee/tea, reading materials, folder, pen and writing pads.

The last date for the registration is extended to **15th September 2009**. The Bank DD has to be drawn in favour of **“The Director, NIMHANS” payable at Bangalore**. Your full name, contact number and name of the workshop must be mentioned on the reverse side of the demand draft with pencil.

Venue: Seminar Hall adjacent to the Director’s Office, NIMHANS

Coordinator: Dr. M. Manjula

Facilitators: Dr. Mahendra P. Sharma and Dr. Paulomi Matam Sudhir

Correspondence regarding the workshop and Registration form along with the Bank

Draft to be sent to:

Dr. M. Manjula,

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